



PRESS RELEASE

FOR IMMEDIATE RELEASE

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Important Announcement Respiratory Virus Notice from ACMH

Tuesday, October 1, 2024, Audubon, IA:

Reminder with respiratory season upon us:

When people get sick with a respiratory virus, the updated guidance from the Center for Disease Control (CDC) recommends that they stay home and away from others. For people with COVID-19 and influenza (flu), treatment is available and can lessen symptoms and lower the risk of severe illness. The recommendations suggest returning to normal activities when, for at least 24 hours, symptoms are improving overall, and if a fever was present, it has been gone without use of a fever-reducing medication.

Once people resume normal activities, they are encouraged to take additional prevention strategies for the next 5 days to curb disease spread, such as enhancing hygiene practices, wearing a well-fitting mask, and keeping a distance from others. Enhanced precautions are especially important to protect those most at risk for severe illness, including those over 65 and people with weakened immune systems. While COVID-19 remains a threat, today it is far less likely to cause severe illness because of widespread immunity and improved tools to prevent and treat the disease.

Per CDC any Health Care worker with a respiratory illness upon returning to work will be required to wear a mask for 5 days.

When coming in for an appointment, you will be asked to put a mask on to help protect other patients and staff. ###

